

Parks and Recreation Report | January 2025

Director's Report

Our park maintenance team spent time this month clearing some under brush in Memorial Park to make way for an expansion to the disc golf course. The disc golf community is providing course design as well as amenities, which means aside from staff time, this expanded community amenity will be delivered at no cost.

The team was also able to take down the holiday lights in preparation for spring activities. And speaking of spring, the dry weather in January enabled the team to get out and mow a few of our more high profile properties, an activity that is always a sure sign that spring is right around the corner.

On the project side of things, the Memorial Park athletic field lighting project as well as the park at Merryfield trail improvement project are both nearing completion and will be finished by spring. Also, the water feature internal components have been delivered to the Murase vault and that restoration work is underway. This is an important project to address aging infrastructure in our water features, ongoing maintenance issues and concerns, and to minimize down time during the busy summer season. Lastly, the Memorial Park playground replacement project is moving forward in the design phase. An internal team has reviewed the initial proposals and is in the process of moving a select few forward for public input. This exciting project will provide new play amenities that will expand capacity at our flagship park location. The \$1.1 million dollar project will be funded entirely through outside grants.

As always, there are myriad programs and offerings going on now and into the spring. Please read on or pick up an activity guide for more details. Happy 2025!

~Kris Ammerman

Recreation and Arts Updates

Summer Registration Opens April 7!

The Summer Activity Guide will be in mailboxes the week of March 31, with registration opening on April 7. The Summer Activity Guide covers all programming and events May through August, including youth summer camp options. The Recreation team is excited to announce that they've added new summer camp providers to the mix including Timbers Soccer Camp, and Coyle Outdoors Wilsonville based camps. Beloved favorites will also return including Skyhawks, Soccer Shots, Jordan Kent Sports Camps, Play-Well TEKnologies and YMCA.



The Kitakata Sister City Advisory Board will present a Japanese cooking class to the community on Saturday, May 3. The class will be taught by local area chef Jane Hashimawari and participants will learn to make a dish called Hiyashi Chuka Ramen. This dish is

a seasonal noodle salad full of veggies and fresh ramen, served chilled. This class will be free to the community, but requires pre-registration.



Wilsonville Family Dance-February 21, 7-9pm, Wilsonville Community Center

The annual Wilsonville Family Dance is scheduled to take place on Friday, February 21 from 7-9pm at the Wilsonville Community Center. The theme for this year's dance is 'Once Upon a Time'. The event features a live DJ, photo booth, prize giveaways and snacks. Registration is currently low for the event, so the Recreation team is asking for help to spread the word about the event.

The Hunt for Cupid's Hearts is Underway

The Hunt for Cupid's Hearts Scavenger Hunt is ON and will run through Sunday, February 9.

This year, the design and location of each of cupid's hearts coincides with a public art project currently underway in collaboration with the Arts, Culture, and Heritage Commission called "Many Cultures, One Heart". Through a formal call for art and selection process, 10 artists were chosen to paint their designs onto 4.5 ft. x 4.5 ft. fiberglass heart sculptures, which will be on public display in spring 2025. An opening reception for the "Many Cultures, One Heart" project will take place on April 30 from 5-7 pm at the Stein-Boozier Barn in Murase Plaza. The "Many Cultures, One Heart" project was funded by Wilsonville-Metro Community Enhancement funds.



Community Center Updates

Volunteer Driven Learning Opportunities

In January, the Community Center continued its Life 101 lecture series with Attorney Michael Rose of Rose Elder Law presenting a workshop centered around estate planning basics such as wills, trusts, probate, powers of attorney, advance directives, and Medicaid planning. Scientist and Traditional Chinese Medicine Physician also recently presented on the topic of "Aging and Behavioral Health" and the benefits of daily investments in body and mind.

This past month also brought volunteers from AARP to the Community Center to present their classroom course, "AARP Smart Driver". Participants learned proven methods to reduce traffic violations and keep themselves and loved ones safe on the road.

Additionally, representatives of NW Medicare Advisors offered an informative workshop explaining the basics of Medicare and what to expect when turning 65.



Nutrition Program

The Community Center's nutrition team continued to provide high quality, nutritious meals to older adults in our community. In January, 819 meals were served as part of the Center's in-person lunch program and

1,4,52 meals were sent out to clients who are part of the Center's home delivered meals program.

Fitness Classes

Winter fitness has experienced strong enrollment. The back to back, Healthy Bones and Balance classes taught by Fitness Specialist, Brad Moore are both well attended with 19 in the beginner class and 26 in the advanced class. This class meets three times per week and combines aerobics with circuit training. The drop in "Sit, Stand and Be Fit" class regularly sees 20+ students, while Tai Chi has 21 students this winter.



AARP Tax Appointments

Community Center staff began taking appointments for AARP's free tax assistance. Throughout the month appointments were taken for 11 days with 207 total time slots. All appointments for this year are full.

Upcoming Events

Daddy Daughter Dance: February 21, 7-9pm, Wilsonville Community Center **Multicultural Dance Celebration:** April 3, 6:30-8:30pm, McMenamins Old Church

Community Egg Hunt: April 19, 10am, Memorial Park Sports Fields

Many Cultures, One Heart Public Art Project Reception: April 30, 5pm, Stein Boozier Barn

WERK Day: May 10, 9-11am, Memorial Park (Complimentary Breakfast at the Community Center, 8-9 am)

Board Highlights

Arts, Culture, and Heritage Commission (ACHC)

While the ACHC did not meet in January the Public Art Project "Many Cultures, One Heart" is well underway. Artists began picking up their fiberglass hearts to be painted which will be turned back in sometime in the spring. The Parks Maintenance team has been integral in building the bases for the hearts which will be utilized once they are installed.





Kitakata Sister City Advisory Board

The Kitakata Sister City Advisory Board met on January 15. Two new members joined the group, Josh Dalglish and Matt Brown. The board discussed an incoming 2025 student delegation from Kitakata, as well as date options to host host-family informational nights at the Wilsonville Library in late summer. The group will continue to meet to plan out the itinerary for the 2025 visit. Tentative dates are December 6-16, 2025.

Parks and Recreation Advisory Board

The Parks and Recreation Advisory Board did not meet in January.

Other Group Highlights

Wilsonville Community Seniors Inc.

The Wilsonville Community Seniors continue to plan for their April 5 BINGO fundraiser.

Korean War Memorial Foundation of Oregon

Representatives of the Korean War Memorial Foundation of Oregon met in January and decided on a date for their summer Korean War Remembrance Ceremony. The 2025 event will take place on June 21, at 10:00am in Town Center Park.

Parks Updates

January was another busy month for the Parks Team. They took advantage of the drier weather and tackled on-going projects and regular maintenance of the parks. The team took down the annual tree lighting decorations at Town Center Park. The Memorial Park Athletic Field—Lighting Update project wrapped up, along with the construction of bases for the "Many Cultures, One Heart" project that our Arts, Culture and Heritage Program Coordinator is leading. Additionally, the team began work on the disc golf course expansion project, completed maintenance at Arrowhead Creek Park and worked on a review of the new Memorial Park Playground RFP submissions.









